

FOCUS ON FAMINE

'It is the disaster we don't want to talk about'



20 million people are on the brink of starvation. Canada needs to do more, says Vicky Mochama, **metroVIEWS**

Halifax metr



Moose show fight against defending QMJHL champs **metroSPORTS**

BOOKS
Ballerina Misty Copeland on her rise to global fame **metrolife**



Your essential daily news | MONDAY, MARCH 27, 2017

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Speaking up for drivers

Meet a Halifax cabbie who is being praised as a hero for helping a woman assaulted by a man while walking. **He hopes by telling his story people's opinions of drivers will take a turn for the better**

metroNEWS



Amer Abdo, a Halifax cab driver, intervened in an assault against a woman last Friday.
JEFF HARPER/METRO



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'A real affront to my integrity'

DEVELOPMENT

Steve Streatch defends campaign contributions

A suggestion that Halifax councillors who accept money from developers should stop voting on their proposed buildings has rekindled a debate over whether such campaign contributions could amount to a conflict of interest.

At last week's Halifax council meeting, a residents' group urged several Halifax councillors who have accepted campaign donations from developer Armco Capital Inc. to excuse themselves from discussions about a proposed condo tower overlooking the Halifax Common.

Janet Stevenson — a member of the Willow Tree Group, named for a nearby intersection — said she's concerned by the practice of accepting donations from developers. She said even a perceived conflict of interest erodes the public's confidence and trust.

"I think if they weren't accepting donations, no one would be questioning their integrity. It's a very easy fix — don't accept donations," said



The proposed Willow Tree development. WM FARES/CONTRIBUTED

Stevenson. Council voted Tuesday to send the 20-storey building to a public hearing.

There are currently no rules surrounding corporate or union campaign donations in the Halifax Regional Municipality, which is experiencing a condo building boom.

However, council is currently reviewing its campaign finance regulations.

Elsewhere in the country, there are a patchwork of regulations. Ontario moved last year to ban corporate and union contributions in that province's municipalities, while there

are no limitations in British Columbia.

Only individual donations are allowed in federal campaigns and they are capped at \$1,550, although candidates are allowed to give a maximum of \$5,000 to themselves.

Andrew Sancton, a retired

political science professor from Western University in London, Ont., said it's a complicated issue because it's more difficult for municipal politicians — especially those without a political party and those in smaller cities and towns — to raise money for their campaigns.

"They need money to run a campaign and where are they going to get it from? If there were a whole bunch of spirited citizens, ordinary people who wanted to give money, fine," said Sancton.

"But people that own taxi cab companies, that are involved in the outside advertising business, and developers, these are people who have an interest in municipal politics. So it's not surprising they are more willing to give money than the ordinary people."

Sancton said individuals would have more incentive to donate to municipal politicians if they received a tax credit, as they do at the provincial and federal levels.

Coun. Steve Streatch, who has accepted corporate campaign contributions since entering politics two decades ago, said he does not see it as problematic. He received \$1,000 from Armco Capital Inc. in last

year's election — one of the largest donations to his \$8,150 campaign.

Streatch said the Willow Group's assertion that he should excuse himself from the Armco tower debate was insulting.

"It was an insult not only to my integrity but to that of my colleagues and to the process," he said.

"When you are elected and when you take your oath of office, you swear allegiance not only to the municipality but also to the Queen. I take that very seriously and to have anyone suggest otherwise is a real affront to my integrity."

Coun. Wayne Mason said development has accelerated in Halifax, and that has brought the issue of corporate campaign contributions to the forefront.

"People feel like they've lost control over how their neighbourhood is being developed and it doesn't help to see elected officials during an election taking money from those corporations," said Mason, who vowed during last year's election to only accept donations from individuals and raised more than \$20,000 — the most of any councillor.

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Community gathers for spiritual healing service

RELIGION

Congregation stands united after church fire last week

Scores of people clad in white gathered Sunday for a healing service in a community gym across the street from a fire-ravaged historic church just outside Halifax.

The service was originally scheduled to take place in St. Thomas Baptist Church in North Preston but was moved after a blaze tore through the sanctuary last Wednesday.

No one was injured, but the fire left a gaping hole in the roughly century-old building that serves as the social hub for the predominantly black community.

Tony Atuanya, the church's finance officer, said its insurance policy would cover the full cost of damages, and noted there has been a surge in donations in the wake of the fire.

Rev. Wallace Smith told the crowd that the charred structure was just a building, and that the congregation was the actual church. He estimated that on some Sundays, his church receives as many as 600 people.

About one-third of the audience left their seats to hold hands and sway before the choir as it led them through an exultant hymn, punctuated moments of contemplation.

"We don't have to be in church to serve the lord," said church trustee Ernest Simmonds. "We could do it



Members of the Saint Thomas Baptist Church congregation are emotional while holding hands during a healing service being held at the North Preston Community Centre in Halifax on Sunday after a fire damaged their church last week. THE CANADIAN PRESS



It could have been lost and gone, and I just felt I needed to be there to support it. Colter Simmonds

here. We could it at home. We could do it out on the streets."

Simmonds said the damage to the church was significant, but manageable.

The fire marshal has deemed the fire to be the result of an engineering problem involving a faulty motor, he told the congregation.

Colter Simmonds said he

has been a member of the church for decades, but Sunday's service was the first he had attended in a year.

"I watched (the church) on fire, and I started thinking about ... the state of the community, and knowing that the church was the foundation that we all grew up on," he said.

THE CANADIAN PRESS



Community members look on as firefighters battle hotspots in the aftermath of the fire on Wednesday. THE CANADIAN PRESS

ANIMAL CUSTODY Judge orders woman to return dog

A woman who took off with two dogs she had shared with her ex-boyfriend has been ordered to return one of the pooches after a bitter ownership dispute.

Matthew MacDonald told a Nova Scotia small claims court that he purchased the Yorkshire terriers while he was living with his "on-again, off-again" girlfriend Brittany Pearl in Fort McMurray, Alta., in 2011, a judge said from the court said.

Pearl had moved from Nova Scotia to be with MacDonald, she testified, and the couple discussed getting a dog to make her feel more at home.

MacDonald testified he had only intended to get one dog from the breeder, but when he found out the last of the litter would be left alone, he decided to bring home two.

The pups were named Henry and Daniel in honour of MacDonald's twin hockey heroes, Henrik and Daniel Sedin of the Vancouver Canucks, according to his testimony.

MacDonald told the court he had the dogs when the couple split for good last year after returning to Nova Scotia, but he had allowed Pearl to take them out during a visit last November.

"What she did instead was drive to Alberta, where she now lives with her father and the dogs," adjudicator Augustus Richardson wrote in the decision. "MacDonald was outraged when he found out."

Richardson wrote that people in a common-law relationship may view their pets as "akin to children," but determined that ordering access to the pets was beyond the court's jurisdiction.

He ordered Pearl to return one of the dogs to MacDonald, but allowed her to keep the other. THE CANADIAN PRESS

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Taxi driver hailed as a hero

ATTITUDES

Cabbie who aided woman responds to stereotyping



Grace Gormley
For Metro Halifax

A Halifax taxi driver being hailed as a hero after helping a woman from a serious assault says he is telling his story in part to help change the image of cab drivers in the city.

Amer Abdo of Casino Taxi was driving two customers down Inglis Street around 4 p.m. Friday when he says he saw a man hitting a young woman on the sidewalk from his rearview mirror.

Without even thinking, Abdo said he yelled at the much larger man and interrupted the assault before it could go any further.

"I just slammed my brakes and stopped my meter, I felt like I had to do it," Abdo said in an interview Sunday.

He was able to bring the woman to safety inside his cab and called 911. He then followed



Amer Abdo, a Halifax cab driver, intervened in an assault against a woman last Friday.

JEFF HARPER/METRO

the man to an Ultramar, where police arrested the 40-year-old suspect.

The unnamed man has been charged with assault and is due in court next month.

Abdo said his actions that day aren't that unusual. He said he has come across other violent acts during his 16 years as a Halif-

fax cab driver and always taken immediate action, but was never open to the limelight until now.

The only reason Abdo agreed to speak about his actions on this day he said was to clean up the negative attention drivers in Halifax are getting, especially after March 1 when a Nova Scotia judge found cabbie Bassam

Al-Rawi not guilty of sexually assaulting a female passenger relating to a May 25, 2015 incident.

"We get a lot of abuse," Abdo said, noting several recent sexual assault cases involving drivers have cast a negative light on all drivers in Halifax.

He said one incident in particular a few weekends ago con-

We get a lot of abuse.
Amer Abdo

tinues to bother him deeply. He said he picked up two women one night in the downtown and the first thing they said to him was: "Please don't rape me."

"It's all because of one bad guy," Abdo said, noting he's seen a decrease in business since the not-guilty verdict against Al-Rawi.

Abdo is hoping by talking about his brave actions it will bring more positive media attention towards him and other taxi drivers in Halifax. However, he doesn't think what he did makes him a hero.

"It's the least I could have done," he said.

But Halifax Regional Police Sgt. Richard Lane says Abdo deserves great appreciation for his quick action.

"Thank God the taxi driver was there. The driver's intervention certainly assisted in the apprehension of the suspect, and possibly prevented the assault from becoming more serious."



CULTURE

Feds providing boost to Pond Playhouse renos

Halifax MP Andy Fillmore announced Sunday that the federal government will provide more than \$55,000 towards renovations at the Pond Playhouse in Halifax, which is also home to the Theatre Arts Guild.

The funds will cover room transformations and construction of two new galleries to increase the backstage and dressing room space. METRO

MILITARY SERVICE

Country not doing enough for veterans: Advocates

Advocates in Nova Scotia are blasting Ottawa for inaction on a promise to bring back life-long pensions for injured veterans, and say provinces aren't doing enough to fight for health-care resources.

During a news conference Friday at provincial legislature, disabled vet David MacLeod called on Prime Minister Justin Trudeau to keep a 2015 promise to restore life-long pensions replaced by a lump-sum payment. METRO



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COMMUNITY

**Choir regular
Gail Boyle lends
her talents to so
many local events**


**Yvette
d'Entremont**
Metro | Halifax

Gail Boyle has a passion for people, singing and pitching in where she's needed.

The Dartmouth volunteer has been a member of the Les Voix de l'Acadie choir since 1992.

She has also been a member of the Royal Nova Scotia International Tattoo since 1994.

"My favourite part is the anthems because we have way more than O'Canada. We get to pay tribute to these visiting countries," she said.

"We have the national anthems for Germany, Portugal, Sweden, Finland, Norway, and on. Whatever country comes, you have to learn their anthem. I know a lot of anthems in a lot of languages."

In 2013 Boyle received the local Francophone community's volunteer of the year award at the annual volunteer recognition ceremony put on by the Conseil communautaire du Grand-Havre.

The list of organizations to which she has given her time is lengthy and includes the People First Committee, Tall Ships, Independent Living Centre, the multicultural festival, Word on the Street,



Dartmouth native Gail Boyle was nominated for her contributions to a huge array of local events and her passion and devotion to choir singing. JEFF HARPER/METRO

Viewfinders Film Festival, East Coast Music Awards, and many more.

Boyle said if something interests her, and she knows they need volunteers, she's always happy to stand up and help.

"This year is my 14th with the Blue Nose Marathon. I do the Buskers, I'm on the

committee for Natal Day and I also do the jazz festival every year," Boyle said when asked to name some of her volunteer endeavours.

"It's a lot of the same people over and over at all these things, and that's why

A lot of these events wouldn't happen without volunteers. People don't have to do it. They want to. Gail Boyle

it's very important to recognize volunteers.

"A lot of these events wouldn't happen without volunteers. People don't have to do it. They want to."

A woman named Julie (no last name given) nominated Boyle as a way to express her gratitude for all the hours she donates to the community.

 **NOMINATE**

Each week, we will profile an unsung volunteer hero in our community as part of Halifax Heroes. To nominate someone, email philip.croucher@metronews.ca, Metro Halifax's managing editor, or Tweet @metrohalifax using the hashtag #HalifaxHeroes.

"She (Boyle) told me once, 'People who say there is nothing to do in the city don't look, because you can keep busy.' And her calendar is busy," she said.

"She leaves early in the morning and returns home late at night. She knows most of the bus drivers, she calls the mayor's office when something is not right, knows the politicians by name and she gets involved by giving back to the community with different good causes."

Boyle said she enjoys volunteering because she knows it makes a difference.

"You meet a lot of different people and people from different countries. Some become friends, and you learn a lot," she said.

"There was a photo of me with a (provincial) minister and it was written under the photo 'Gail volunteers everywhere in the community.' And that means something. It makes you feel useful. There's never a shortage of things to do."



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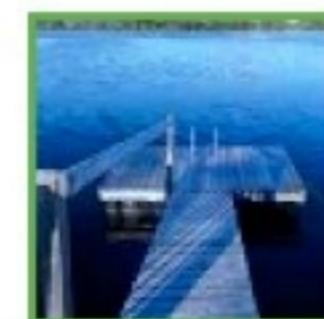
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Community steps up for killed man's family

SUPPORT

GoFundMe campaign set up after fatal highway crash



Grace Gormley

For Metro | Halifax

Support pouring in for the family of an Upper Tantallon man killed in a highway collision outside Halifax has been 'absolutely amazing,' according to a close friend.

Ken Gordon, 54, was struck by a vehicle on Highway 103 last Tuesday evening. Police said Gordon had stopped to check cargo in the back of his truck. When he exited his vehicle he was struck by a car travelling in the same direction.

He was pronounced dead at the scene. No one else was

injured.

A GoFundMe online fundraising page set up to help Gordon's family was set up on Wednesday and support has been quick.

"Lorna (Gordon's wife) and their 4 children need our help with funeral expenses," notes the brief write-up on the GoFundMe online fundraising page.

"Lorna, Ken and their family were always willing to help anyone in need and now they need all the help they can get in this devastating time."

With a set goal of \$10,000 to help cover funeral costs and other expenses, as of Sunday afternoon 176 people have raised \$9,680.

Colleen Hynes started the GoFundMe page. In a phone interview she said she has known Gordon's wife Lorna since elementary school. Hynes said the support the family has received online is "absolutely amazing."

"It's everything to them," she said.



Photo from the GoFundMe page for Ken Gordon and Lorna Zinck-Gordon. CONTRIBUTED

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The amount raised for the Gordon family by 176 people as of Sunday afternoon. The number is just shy of the GoFundMe campaign's \$10,000 goal.

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TRURO

Mall staff to have autism training

A situation involving an autistic girl who went missing at the Truro Mall has prompted an autism-training course for mall staff.

The incident occurred last fall when an autistic child wandered off after her mother's attention was averted. A frantic search ensued.

The four-year-old was found in a stock room at the Rossy store by Courtney Mills. The former Rossy employee was working in the stock room and, coincidentally, has training with autistic children. Now, management has recruited Mills to conduct an aut-

ism training session for a number of mall staff, security and several store representatives.

"Our training will be focusing on how to react in an emergency or lost-child situation for an autistic child or person," said marketing manager Jaclyn Johnson. "She will also be teaching us tactical ways to work with and approach autistic people."

Kristine Millard, the child's mother, said she would never have thought of such a program. But after her own experience, she thinks the concept is great.

TC MEDIA

POLITICS

Minister won't run in next election

After suffering a heart attack in December, Nova Scotia's justice minister says it's time for her to strike a better balance than the rigours of politics can offer.

Diana Whalen announced Friday that she won't be running for the Liberals in the next provincial election.

Whalen made her decision after only recently returning to her job following a leave of absence.

She said she feels fine, but believes a change is in order.

Whalen is also the province's first female deputy premier.

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Changing perceptions, one design at a time

TORONTO

Student meshes modern design with Islamic culture

Gilbert Ngabo
Metro | Toronto

Long before megabands like Nike and Uniqlo launched hijab and abaya lines, Shahad Mahdi knew it was cool to rock Muslim apparel.

But the fourth-year business management student at Ryerson University was always troubled by negative representation of Muslim people, especially with ever-growing Islamophobic views from some politicians and extremist groups.

"When you watch the news that has to do with Muslims and the Middle East, all you see is yelling and violence, and I don't think that's who we really are," she said, noting some people



Shahad Mahdi, the owner of Black Orchid, a clothing and accessories line depicting the modern Muslim woman. EDUARDO LIMA/METRO

just associate any Muslim with terrorism.

She's out to change that perception, one fashion design at a time.

Black Orchid, a pop culture brand she launched a year ago with the help of Ryerson Fashion Zone, makes and sells clothing and accessories combining modern design and Islamic culture.

Through an online portal, people can purchase different tops as well as pouches, chains and phone cases, all featuring stylish and colourful illustrations of modern Muslim women. She named her brand after a black orchid flower found in the Middle East.

With her images of progressive Muslim women, Mahdi

hopes to create a new narrative showing them as strong, creative and capable of being "fashionable and cool." She's received positive feedback, and is thinking of adding more products and expanding.

"All I wanted to do was focus on the positive and show our true colours, show that we can do cute stuff too," she said.

CALGARY

The queen of speed

Autumn Fox
For Metro | Calgary

Calgary's Kelly Fedorowich has a need for speed.

By the end of this year, Fedorowich hopes not only to be the first licensed female competitive top fuel drag racer, but she's also going to become the fastest woman in Canada.

And fast is an understatement. Fedorowich will be driving a souped up dragster that's fuelled by nitromethane – or 'rocket fuel,' as Fedorowich calls it.

The dragsters can hit top speeds of 530 km/h or more in fewer than four seconds – and just sitting in the vehicle as it clocks that top speed will make her the fastest woman in Canada.

It'll be a slow burn to get there. The fuel is expensive, so they'll be teasing out higher speeds throughout the season.

The dragster, is revved and ready to go though. Fedorowich got into racing through her husband, David, who had been driving in the fast lane since 18.

"Dave came into the relationship with the race car, but my relationship with that car was



Kelly Fedorowich wants to be the fastest woman in Canada. AUTUMN FOX/FOR METRO

love at first sight," she laughed.

The family relocated to Calgary in 1994, putting their careers on hold to raise their son.

The itch to get back on the track grew and in 2011, Fedorowich, David and their now-grown son decided it was time to go all-in on a new venture together – Dark Side Racing. As of 2017, Dark Side is the only top fuel racing team in Western Canada, and one of only two teams left in the country.

Fedorowich began her top fuel training in 2016 and took a Zen-like approach to learning to pilot the vehicle, which can hit a G-force rate of seven while running a quarter mile.

Manitoba refugee spike leads to calls for beefed-up border security

Lucy Scholey
Metro | Winnipeg

New federal government statistics highlighting a spike in refugees flowing into Manitoba demonstrate a need to beef up border security, according to an immigration consultant.

Last year, 575 asylum seekers filed claims at the Canadian Border and Services Agency or Immigration, Refugees and Citizenship Canada offices compared to 220 refugees in 2015. That's a 161 per cent jump, the highest percentage increase of all the provinces.

Only New Brunswick saw a

higher percentage jump than Manitoba in that timeframe, but its overall pool of refugees is comparatively low (25 filed claims last year, compared to just five in 2015).

Rosanna Pancotto, an immigration consultant with Prairie Sky Immigration, says President Donald Trump's proposed ban

on refugees from Muslim-majority countries is likely to blame. Others have pointed to former president Barack Obama's deportation orders or a pro-Prime Minister Justin Trudeau movement as the cause for the refugee influx that has dominated international headlines this year.

Whatever the reason,

Pancotto says Manitoba's border is "not as armed" as other provinces.

"Without proper resources from Ottawa, I don't see how this is sustainable as far as local resources are concerned," she says.

The statistics, culled from Citizenship and Immigration

Canada, also highlight the number of RCMP officers who have intercepted refugees and taken them to other ports of entry. Manitoba's was low compared to other provinces, but Pancotto said that shows a need to place more RCMP officers closer to the prairie province's border.

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ANNETTE BONOMO

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metro 150

CINCINNATI

1 dead, 15 injured in nightclub gunfight

A gunfight broke out inside a crowded Cincinnati nightclub early Sunday, leaving one man dead and 15 others wounded after a dispute among several patrons escalated into a shoot-out, authorities said.

No suspects were in custody by late afternoon in the shooting at the Cameo club, which has a history of gun violence, and police said there was no indication of any terrorism link.

Cincinnati Police Chief Eliot Isaac said one of the wounded was in "extremely critical condition," while a hospital

spokeswoman said two victims were listed in critical condition.

Police began receiving calls at 1:30 a.m. about gunshots at the club near the Ohio River east of downtown Cincinnati. Isaac said some 200 people were inside the club, one of the few hip-hop venues in the city, for music and dancing.

Isaac identified the dead man as 27-year-old O'Bryan Spikes, but provided no other details. He said 15 others were injured, with some already treated and released from hospitals. THE ASSOCIATED PRESS

CALIFORNIA

Arrests made after scuffle at Trump rally

A scuffle broke out on a Southern California beach where supporters of President Donald Trump were marching when counter-protesters doused organizers with pepper spray, authorities said Saturday.

The violence erupted when the march of about 2,000 people at Bolsa Chica State Beach reached a group of about 30 counter-protesters, some of whom began spraying the irritant, said Capt. Kevin Pearsall of the California State Parks Police. Three people were arrested on suspicion of illegal use of pepper spray and a fourth person was arrested on suspicion of assault and battery, he said.

Two people suffered minor injuries that didn't require medical attention, Pearsall said.

An anti-Trump protester who allegedly used the eye irritant was kicked and punched in the sand by a group of Trump supporters, according to a report in the LA Times.

Counter-protesters said before the march began that



Supporters of Trump scuffle with counter-protesters during a rally on March 25, in Huntington Beach, Calif.

THE ASSOCIATED PRESS

they planned to try to stop the march's progress with a "human wall."

Earlier this month, a rally in Berkeley, California, in support of Trump turned violent, and his supporters clashed with counter-protesters in several fights that led to the arrest of 10 people and left at least seven people injured.

THE ASSOCIATED PRESS

Attacker's encrypted message can't be read

LONDON TERROR

Controversy swirls over WhatsApp service

Westminster Bridge attacker Khalid Masood sent a WhatsApp message that cannot be accessed because it was encrypted by the popular messaging service, a top British security official said Sunday.

British press reports suggest Masood used the messaging service owned by Facebook just minutes before the Wednesday rampage that left three pedestrians and one police officer dead and dozens more wounded.

As controversy swirled over the encrypted messages, police made another arrest in Birmingham, England, where Masood had lived. The 30-year-old is one of two men now in custody over possible links to the attack.



Police officers with floral tributes to the victims of the March 22 terror attack in front of the Elizabeth Tower on Sunday. GETTY IMAGES

Neither has been charged or publicly named.

Masood was shot dead on the grounds of Parliament.

Home Secretary Amber Rudd used appearances on BBC and Sky News to urge WhatsApp

WhatsApp, saying only "this terrorist sent a WhatsApp message and it can't be accessed."

But her call for a "back door" system to allow authorities to retrieve information is likely to meet resistance from the tech industry, which has faced previous law enforcement demands for access to data after major attacks.

In the United States, Apple fought the FBI's request for the passcodes needed to unlock an iPhone that had been used by one of the perpetrators in the 2015 extremist attack in San Bernardino, California.

The FBI initially claimed it could obtain the data only with Apple's help, but ultimately found another way to hack into the locked phone.

Police are trying to pinpoint his motive and identify any possible accomplices, making the WhatsApp message a potential clue to his state of mind and his social media contacts.

THE ASSOCIATED PRESS

and other encrypted services to make their platforms accessible to intelligence services and police trying to carry out lawful eavesdropping.

Rudd did not provide any details about Masood's use of

AFRICA

Aid workers killed in South Sudan

Six aid workers were ambushed and killed in South Sudan, the deadliest attack on humanitarian workers since the East African nation's civil war began in 2013.

The attack took place Saturday on the road from Juba, the capital, to Pibor, where there have been recent reports of fighting, said Eugene Owusu, the top UN humanitarian official in South Sudan in a statement issued Sunday.

"At a time when humanitarian needs have reached unprecedented levels, it is entirely unacceptable that those who are trying to help are being attacked and killed," said Owusu.

killed," said Owusu.

The ambush is the latest of several attacks on aid workers in South Sudan, which is one of the largest humanitarian crises in the world. At least 12 aid workers have been killed so far this year and 79 have been killed since civil war began in South Sudan in 2013, said the statement.

Famine has been declared in two counties in South Sudan where 1 million people are on the brink of starvation and there is also a cholera outbreak in parts of the country. But aid organizations responding to both famine and the cholera outbreak have

been attacked by armed forces, according to the UN. The ambush came the day that South Sudan's government declared a unilateral cease-fire and granted amnesty to armed groups who renounce violence.

South Sudan's government agreed to issue the ceasefire in response to pressure from East African countries during a regional summit in Nairobi.

The ceasefire and amnesty was immediately rejected by Mabior Garang, a spokesman for the opposition SPLM-IO party, who called it "silly" and a "non-starter." THE ASSOCIATED PRESS

TRAVEL

Backlash against airline

Two teenage girls were barred from boarding a United Airlines flight Sunday because they were wearing leggings.

The girls, whose ages were not specified,

were not allowed onto the flight because they were travelling under an employee travel pass that includes a dress code, United spokesman Jonathan Guerin said.

The airline's actions sparked a quick backlash on Twitter.

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metro VIEWS



VICKY MOCHAMA

It is the disaster we don't want to talk about.

Twenty million people are on the brink of starvation. The United Nations and its various agencies — the World Food Programme and the United Nations Secretariat, to name two — have sounded the alarm. This is the largest humanitarian crisis since the creation of the United Nations in 1945.

In an interview with Metro in January, Joanne Liu, president of the global aid organization Médecins Sans Frontières (Doctors Without Borders), told a story about visiting famine-ravaged northern Nigeria. Liu sensed something off in one community and then realized, sickeningly, that there were hardly any children under five still living.

By inaction and indifference, we are losing whole generations. The people who survive this moment will have little reason to believe in "Never again," a promise made often by the international community after the Rwandan genocide in 1994.

To stanch mass catastrophe in South Sudan, Somalia, Nigeria and Yemen, the international community needs to come up with \$4.4 billion by July. They've pledged only a small fraction.

Canada has pledged nearly \$120 million, less than three per cent of the total request. Had Canada followed through on its vow from the Millennium Development Goals to adopt an aid target of 0.7 percent of its gross national income, we would be giving more than \$10 billion globally. More than enough to solve this crisis, and then some.

In 2015, Trudeau told delegates at a climate summit in Paris that "Canada is back." In 2017, why not lead Canada and the world in feeding a starving and desperate population?

The UN's request could be filled within minutes by the wealthiest governments in the world, including Canada. At the highest levels of power, the political will simply isn't

FOCUS ON FAMINE

CANADA MUST LEAD THE FIGHT

Twenty million people are on the brink of starvation. The UN is asking for \$4.4 billion by July to avert a global catastrophe. While Canada's donated millions, it's not nearly enough.



NIGERIA A malnourished child receives health care at a feeding centre run by Doctors Without Borders in Maiduguri.

SUNDAY ALAMBA/THE ASSOCIATED PRESS



SOMALIA Sacdiyo Mohamed, nine months old, is treated at a hospital after her mother Halima Hassan Mohamed fled the drought in southern Somalia for Mogadishu.

MOHAMED SHEIKH NOR/THE ASSOCIATED PRESS



YEMEN A boy receives treatment at a feeding centre in the capital Sanaa. The conflict in Yemen has worsened food insecurity in the country, which was already considered one of the poorest in the world.

there to make the moral choice. The UN's emergency relief co-ordinator Stephen O'Brien says, "Allowing famine to unfold is a choice; we must make the choice to stop it."

When the decision is made to step up, it will be too late for too many. In 2011, by the time a famine had officially been declared in Somalia, tens of thousands had already died. For many families and communities today, the disaster has already struck.

Governments are slowly stepping up, but rather than waiting, citizens are already doing their part.

A group of five American friends set up a GoFundMe page called the Love Army for Somalia and asked Turkish Airlines to be their flight partner. In less than a week, more than 80,000 people donated \$2.2 million. The campaign is funnelling the money to NGOs in Somalia to buy local food, rather than crash the market with foreign goods. As for the plane, they are using it to fly in specialized food for undernourished babies.

Theirs may be a dramatic example, but it is not the only effort. Somalis, Yemenis, Nigerians and Sudanese people in Canada have been doing

their best to support family, friends and communities, but they can't do it alone.

Canadians often claim a particular kindness and generosity, yet all too often that spirit seems to disappear when the needy are black and African. It is made complicated when they are Arab. But there are black, African and Arab Canadians too. Their communities are ours too.

It is their cultures that enrich this country; their children who will help lead it. We must support their efforts.

Twenty million people need to eat. How will we serve them?

DAY 1: CANADA'S ROLE

BY THE NUMBERS

20 million

People facing famine in South Sudan, Somalia, Nigeria and Yemen. That's more than half the population of Canada.

1.4 million

Number of children facing death from severe malnutrition

Amount needed by July to prevent tragedy

\$4.4 billion

\$119 million

Amount pledged by Canada for the crisis. Canada donated \$100 million for humanitarian assistance in the four countries last year

SOURCE: UNITED NATIONS WORLD FOOD PROGRAM

HOW YOU CAN HELP

Doctors Without Borders:

The charity has projects in the countries affected by famine, providing medical and humanitarian assistance. You can donate via msf.ca

Save The Children:

The charity operates children support programs in the four countries affected. You can donate to them through savethechildren.ca

CARE Canada:

The organization runs poverty-reduction efforts in Somalia, Yemen and South Sudan. You can donate through their website care.ca

OXFAM Canada:

The charity provides emergency and long-term assistance to people in countries affected by the ongoing famine. You can donate at oxfam.ca

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Copeland shares dancers' wisdom

BOOKS

Ballerina writes about discipline, body acceptance

Misty Copeland is not only one of the most famous ballerinas in the world — and the first black female principal dancer at American Ballet Theatre — but she has crossed over into mainstream pop culture fame like no other.

Her bestselling book, *Life in Motion*, was a memoir, but in her new book she seeks to impart some of the wisdom that helped her along the way. She includes detailed exercises — classic ballet moves, starting on the floor — and also meal plans and favourite recipes.

On a recent morning, Copeland sat down for an interview. Her remarks were edited for length and clarity.

WHY THE NEW BOOK?

"Every woman struggles with their body at some point, especially as a dancer. (Also) I've been approached about what I eat, what other forms of exercise I do outside of class. How do I mentally and emotionally stay strong in a field like this? So I felt like I needed to write about this ... also just debunking these awful stereotypes attributed to ballerinas, having eating disorders and not really being athletes. We work just as hard as athletes, if not harder,

because we are also actresses and actors onstage. We're not competing to win, but we're competing to be ourselves, our best selves. Everyone can benefit from that kind of structure in their lives."

ON BODY IMAGE

"I never felt beautiful. In school I was really short and really thin and I had really big feet and this tiny little head, and long arms and really big hands, and felt like this isn't what society views as beautiful. And it wasn't until I stepped into ballet class that it was like, 'Wow, you have the perfect balance and physique for ballet.' And so I became used to that. And then I went through puberty and my body changed. It's not talked about really openly, but every dancer goes through ups and downs in terms of being out of shape. We need to treat our bodies like an instrument, and that's a huge part of it, just finding a balance and not depriving yourself."

ON THE RIGHT MINDSET

"I think it's important to feel comfortable with who you are, no matter where you're starting from. The mental discipline is so much a part of it, feeling strong, feeling in control. And just focusing on the journey and feeling good about yourself. I want this book to be for everyone... for someone who has never taken a dance class, for the mom or the college student."

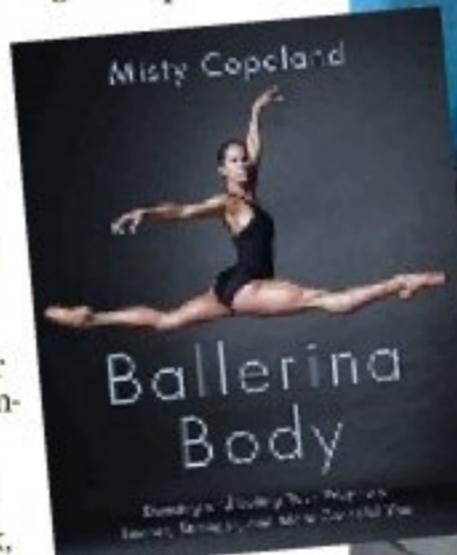
COMING TO TERMS WITH FOOD

"We all have a difficult relationship with food. Especially in America where we have so much access to quantity. We were on food stamps for most of my childhood, so we were finding food to eat to survive, it wasn't about the best and healthiest food. So when I became a dancer, I pretty much was eating whatever I wanted. Once my body changed, that's when I really started to evaluate what I was putting into my body. I cut out meat six or seven years ago."

WHAT'S A BALLERINA'S TYPICAL DAY?

"We're in class at 10:15. An hour and a half every morning. Even if we're not in rehearsals, we still take class every morning to keep our instrument fine-tuned. Rehearsals start at noon. We usually go straight through from noon to 7. And that's during rehearsal period. During our biggest performance period, spring season, we're working six days a week, until 11 at night. It's a lot; people don't really realize it when they just see this beautiful product onstage."

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Misty Copeland, the first black female principal dancer at American Ballet Theatre, has crossed over into mainstream pop culture fame.

ERNESTO MASTRASCUSA/AFP/GTET IMAGES

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Startup incubators take studies out of classroom

UNIVERSITIES

Programs offer hands-on learning, mentorship

Megan Haynes
For Metro Canada

Everyone told Matthew Watkinson that his business idea was crazy. What sort of money would there be in selling tiny wheels for miniature skateboards you operate with your fingers?

But the then-28-year-old Brantford, Ont. native was at the end of his rope: Without a high school diploma, his options were limited. Out of work, he was living with his parents and was looking for something — anything — to help him get out of debt. He went to the local business centre to see if his idea of supplying the fingerboard community with mini wheels was viable. It was, they said. To help him develop the idea further, the business centre pointed him to an entrepreneurship incubation program

at Wilfrid Laurier.

At LaunchPad, he spoke with potential clients and suppliers about the potential of his idea. He also worked with a mentor and other early-stage startups. At the end of eight months, he launched his first business, Joycult, selling mini wheels online.

Two years later, his business is pulling in shy of six-figures per year. And at 30, he's purchased his first home.

Universities across the country have launched startup incubation programs as they seek to diversify learning out of the classroom. Most programs target current and former students, alumni and sometimes locals in the community, offering hands-on learning, mentorship, resources and even financial support.

At Wilfrid Laurier, LaunchPad originated as a way for students to receive course credit, says Tom Ebeyer, co-ordinator of incubation and new ventures at the university. Demand was high and in 2014, it transitioned into a standalone program for students and members of the community.

Seventy-five people filter through the program each year, and ideas span tech, like new

apps or hardware, to niche consulting businesses and novel retail ideas. Like Watkinson, students are paired with a mentor, participate in group sessions, conduct interviews that prove their business model has merit. They also develop a business plan.

Universities have been subject to criticism in recent years that programs do little to prepare students for life outside academia. Part of Laurier's goal with LaunchPad is to provide more hands-on, real world experience to address that concern, Ebeyer says.

What's more, entrepreneurship is increasingly attractive to prospective students, says Barry Yates, managing director of Entrepreneurship at the University of British Columbia (e@UBC), an incubation and funding program available for students, faculty and alum at the Vancouver school. Schools with programs targeted at startup-hopefuls provide a differentiator when people are choosing a school, he says.

And while universities have not traditionally participated in the startup culture, he says, that's changing as institutions recog-

+ INCUBATORS

Universities capitalizing on startup incubator craze.

- **Halifax:** Dalhousie – ideaHUB
- **Montreal:** McGill – McGill Lean Startup
- **Ottawa:** University of Ottawa – Startup Garage
- **Waterloo:** Wilfrid Laurier – Launchpad
- **Waterloo:** University of Waterloo – Velocity
- **Edmonton:** University of Alberta – TEC Edmonton
- **Vancouver:** University of British Columbia – e@UBC

nize there's a large untapped opportunity in students' and faculties' research.

"UBC spends \$600 million on research annually and has more than 6,000 researchers," he says. "There's so much intellectual property and ideas and untapped potential. Marrying that with entrepreneurs and giving (e@UBC participants) the opportunity to take these ideas and commercialize them is hugely compelling for both the university and community here."



In two years, Matthew Watkinson turned his idea of selling tiny wheels for miniature skateboards into a business pulling in nearly six-figures per year.

CONTRIBUTED

Job touches every part of the hotel

Michael Tadros, 28, security and loss prevention manager, Hazelton Hotel, Toronto.

WHY I LIKE MY JOB

Originally the plan was to be a police officer, but that changed once I got into hospitality. I did the Police Foundations program – policing 101 – at college. We learned about community policing, public relations, victim services and did crisis management training. You don't have to go through that program to be a security manager, but there's a benefit because you learn about structural security – like how to monitor doors, etc. It gives you a bit of a head-start. We're also expected to be certified in CPR, first aid and emergency defibrillator as well as be familiar with fire protocol.

At first, I worked for Brinks, the armoured car company, doing logistics. I was naturally drawn to the customer service aspect of hospitality so that's how I ended up in the hotel world. I started at the Shangri La setting up the security system and processes, before moving into my current role.

Day to day, security staff are expected to do patrols, monitor security cameras and respond to hotel staff, guests and residents' emergency requests.

Security is the type of job where you get to interact with every department, every employee. It touches every part of the hotel. Each day, I do something different, and work with different people, which I love.



THE BASICS: Security Manager

\$65,899

Median annual salary for an intermediate-level security manager. Those with advanced training and experience can earn upwards of **\$119,000** a year.

+4%

The amount of growth expected in this field over the next eight years.

Data for this feature was provided by nahb.ca, onetonline.org, payscale.com, mscs.jus.gov.on.ca and guardacademyontario.com

HOW TO START

There are a number of ways to get into the security management field. The Police Foundations programs at colleges like Algonquin or Humber, are common entry points, while some post-secondary institutes, like the University of Calgary or Mohawk College, offer diplomas and certificates specific to security management. Private institutes also offer security guard training. Students can expect to get an introduction to security theory, as well as an overview of the Canadian legal system, health and safety regulations, and use of force regulations. They also receive hands on use-of-force and communication training.

Each province regulates security guards differently, but all require a basic training course offered by private institutions, accredited colleges or accredited online programs, and require applicants to be 18 years old with a clean criminal record. They must also pass a written test in order to be licensed.

WHERE YOU CAN GO

There are opportunities across the country in security management. Private security firms, like Brinks or Garda Security operate in most major cities, while corporations, condos, hotels, malls, hospitals and other institutions often employ their own security details.

HEADLINE COFFEE

The Royal Treatment

All hail, the Queen of Coffee

By: Sean Deasy



Coffee Fermentation In Nicaragua

From the northern reaches of Nicaragua in the mountainous region of San Juan del Rio Coco, Madriz, comes a coffee with a majestic taste and an equally royal handle. It's called Reyna del Cafe, or "Queen of Coffee" in English.

And, for roaster Eric Shabsove from Mountain View Coffee in Toronto, it has an undeniably regal presence.

"Reyna del Cafe has an exciting caramel-y, buttery smell to it," says Shabsove, who has curated the entire Headline Coffee collection. "As for taste, it has such a clean, citrus acidity with subtle butterscotch notes, and a silky smooth body. But, above

all, I believe the acidity is actually perfect on this one."

As always, getting such a flavourful bean is all about location, location, location. Shabsove counts the densely tropical forests of northern Nicaragua, where the Reyna del Cafe co-op is situated, among his favorite coffee-growing regions. "The reason I like this area is quite simple: it's got a very unique microclimate up there."

It's effectively an area that's tailor-made for growing coffee. The most impactful characteristics of that microclimate are its rich volcanic soil and getting just the right amount of rain during the summer

[hint: lots]. The high elevations and cool, dry weather in the autumn allow for the shade-grown beans to mature slowly, which in turn creates a complex flavour profile unlike any other in Nicaragua.

The timing of Reyna del Cafe's introduction to Headline Coffee members is no coincidence. In fact it couldn't be better: The beans, harvested between December and February, are released right about now.

The proud growers

The Reyna del Cafe co-op is comprised of 128 members – both men and women – the majority of whom are small producers, working 3.5-hectare farms at most. Through the use of Fairtrade and Organic premiums Reyna del Cafe is able to provide workshops for their members, improve their milling services, and tap into new international markets. The co-op also has a robust sense of environmental stewardship; Madriz and the surrounding departments are recognized for having high bio-diversity and protected forests.

"Most of the farmers within the co-op are small scale producers, so these are very, very small farms. In fact there's no real large producers," says Shabsove. "These are farmers who take a great deal of pride in growing their crops, and a lot of care goes into what they're doing every single day."

Shabsove says the co-op's connection with Fairtrade has enabled the farmers to vastly improve their operations. "That

means developing sustainable practices, and discovering how to grow coffee better, working within their environment, helping them finance projects," he says. "Fairtrade is extremely important to co-ops in countries like Nicaragua, and even more so, as they are predominantly small farmers. Any form of assistance is greatly appreciated by them."

Nicaragua: Sky's the limit

Nicaragua is now considered an emerging coffee-producing nation. It's already earned and attained a level of respect as a country that's becoming increasingly better at growing coffees. Not long ago the up-and-coming countries were the likes of Costa Rica and Honduras. "Now Nicaragua is really dedicating a lot of their time and effort to growing great coffee."

If there was a time when sampling Nicaraguan coffee didn't exactly elicit great excitement among the expert tasters, Shabsove says that's now a distant [and fading] memory. The emergence of quality beans like those from the little Reyna Del Cafe co-op is a perfectly tasteful example. "Nicaraguan was never quite as good as the Costa Ricans, the Guatemalans. But now it's a totally different story.

"What makes me excited about Nicaraguan is that year after year it gets better and better, and every time I drink more and more," says Shabsove. "So each year I'm excited to try the new crop to see how much better it gets."

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Spending viruses turn into diseases



Like a little sneeze, it is so easy to let debt infection spread until you have a full-blown case of debt misery. iSTOCK

DEBT

Buy-now-pay-later bacteria gobble up good intentions

Gail Vaz-Oxlade
For Metro Canada

It's easy to catch a cold and it's tiresome when that cold then turns into something more serious like a sinus infection or even pneumonia.

But just as a little thing can become a big thing when it comes to our health, so too can small debt infections become full-blown diseases, rotting your resolve and ruining your plans for the future.

It may be no big deal to carry a \$200 balance on your credit card when the option is to leave your car in the shop because you don't have the money to pay for repairs. If you don't spend another penny until that \$200 balance is gone, you've applied the right medicine to a short case of the debt-flu.

But if you let that \$200 balance spread to \$350, \$500, \$775, you'll soon find spending viruses and buy-now-pay-later bacteria of all kinds clamouring to gobble up your good

intentions.

In no time at all you'll have a full-blown case of debt misery, and it'll take nothing short of surgery to get yourself financially healthy again.

It is so easy to let the infection spread. A sneeze here: Oh, look, that pretty dress is on sale. A cough there: I've got most of the vacation money socked away. I'll just put the rest on my card and pay it off when I get back.

The next thing you know you've hit your limit and your oh-so-kind credit card company has given you another \$1,200 worth of room. Nothing short of an amputation is going to fix the problem.

No, I'm not suggesting you cut off your fingers! But how about cutting up your cards? You don't have to cancel your accounts, just remove the temptation to spend by eliminating the plastic until the account is back in the black. Then you can order a replacement card and go back to using your credit cards as a convenience, as opposed to being held hostage to high interest rates and all kinds of stupid fees.

Remove the temptation to spend by eliminating the plastic until the account is back in the black

What if you never seem to be able to say no when the consumer bug bites? Then don't take your cards with you unless you're shopping with a list for specific items.

Before you head out, write the amount you plan to spend (because you have the money in the bank to pay off the balance) on a piece of paper and wrap it around your card. As you shop, deduct what you're spending from the amount you wrote. You'll know exactly how much you have left to spend.

When you get home, don't wait for the bill. Go online and pay off your day's charges.

There are times when credit is useful. There are even times when you can't see how to get from here to there without racking up some debt. That's the cold. Let that debt fester, let it continue to grow, and you'll find yourself dog-sick and in need of some major medical intervention to cure your debt malaise.

For more money advice, visit Gail's website at gailvazoxlade.com

NEVER TOO OLD TO HAVE FUN

A completely different night out

Beyond the bar scene there's plenty of cool things to do in Halifax in any season.

Some recent additions in downtown Halifax offer something completely different for a date night: Drink a beer and throw axes at Timber Lounge or drink a beer and play ping pong at Pong Social Club. There are several rock climbing gyms in HRM, or you can dunk basketballs while bouncing on trampolines at Get Air.

Glow in the dark bingo? Yup — every Saturday night at the Forum.

And no matter how long you've lived here, there's always something to learn about its history and culture. Eat and drink your way



STOCK

through the city with walking tours. During the tourist season there are many walking and bus tours — try on a fake accent and blend in while exploring Citadel Hill, Titanic graves and

Canada's oldest legislature.

Pat the bronzed lions then head up the multitude of stairs in the Dingle Tower in Sir Sandford Fleming Park. It's a muscle-burning

climb but the view of the Northwest Arm from the top is well worth it, really.

Grab a coffee and wander through the Public Gardens. Or meander through Point Pleasant Park where you're guaranteed to make some doggy friends along the way.

If it's winter, rent some skates at the Emara Oval on the Halifax Common. If it's summer rent roller skates or roller blades and do some circles, er, ovals.

There's always something happening on the Halifax waterfront boardwalk — in the summer you might find yourself in the middle of a flash mob, a waterfront salsa lesson or an outdoor film festival. During the summer there are festivals galore on the waterfront — the Rendez Vous 2017 Tall Ships Regatta, and the Halifax International Busker Festival are just two. Renting a kayak or a tandem bike is also a great way to spend a sunny afternoon. If all else fails, there's plenty of great eats to be had and ice cream too.

Then end the day with the cheapest harbour cruise out there: jump on a ferry and head up to the second level for a peaceful, sunset glide over to Dartmouth and back. —JEN TAPLIN

Join us on stage for a drink

Once, opening next week at Neptune, takes audience participation to a whole new level: the audience gets to go on stage to get a drink.

Allison MacLeod, Neptune's front of house manager, said Once is a musical based on a darling, multi-award winning 2007 film.

"It's a musical, but not like a traditional musical like we've had here before," she says. "It's more folky-rock and it's more of an edgy musical. It's got some teeth."

It follows a street guitarist who is about to give up on his music when he meets a piano player. "They complete each other musically," MacLeod says. The set is an Irish pub which accommodates audience members ordering drinks before the show and during intermis-

sion. MacLeod said it feels like they're breaking the rules by allowing audience members up on stage, ordering drinks and taking selfies.

"It's a really neat experience," she says. "I find it's what audience members are craving, to be able to stand there and look out at the audience."

Getting the set just right was a balancing act for designer John Dinning. "You have to try to make it as real as you possibly can so when they're up close to things they don't look strange or fake," he says. "But the problem is if you make things too real, when you get to the back of the balcony it doesn't read at all."

Pay What You Can is April 4, with previews April 5 and 6, and the official opening night is April 7.



Maquette of the set of Once at Neptune Theatre. Design by John Dinning. CONTRIBUTED

A poster for Neptune Theatre's production of Once. The poster features a large, stylized title 'Once' in white script. Above the title, it says 'Neptune THEATRE' with a logo. To the right, it says 'APRIL 4 - MAY 28'. Below the title, there are logos for sponsors: 'The Berkeley', 'ExxonMobil', 'Imperial', 'TELUS', and '150 YEARS'. At the bottom, there are logos for 'Aids HALIFAX', 'CIBO', 'Wink', 'CTV', and '100'. The background of the poster is dark with some architectural elements visible.

HIS MUSIC NEEDED ONE THING. HER.

#NeptuneOnce

HAVE FUN, BE CREATIVE

For kids and adults 4Cats Arts Studio is a place of creativity, laughter and fun.

4Cats is a professional arts studio which offers after-school and weekend art classes, workshops for children, mini sessions for children and adults, family workshops, adult workshops, March break, summer and winter camps, PD day camps, corporate team-building events, adult parties and birthday parties.

"Our most popular party is the Jackson Pollock inspired paint-splatter party," said owner Nichola Precious. "This is the only place where you can throw paint and not worry about the consequences; as we say at 4Cats, it's no big deal!"

4Cats uses only professional art supplies and their own brand of paints all sourced in Canada. In fact it is a Canadian company conceived in Victoria, B.C. The company has grown to include more than 70 franchises across Canada, the United States, Mexico and Australia. The Halifax studio, which opened in January 2015, is the only 4Cats east of Montreal.

They offer a variety of classes including Art-



STOCK

ist Focus, Mixed Media, Drawing and Watercolor, Manga, Graffiti and Clay and Sculpture.

In the Artist Focus classes, students learn about the artist, his or her technique and fun facts as they emulate the style. Kids love learning about Vincent Van Gogh's dots, dashes and swirl technique and Andy Warhol's 25 cats who were all named Sam.

"At 4Cats we believe that the most important part of art is to have fun," Precious said. "If you are enjoying the process then you can't help but make great art."

Fun and challenging: try your hand at Captured Escape Rooms

Anyone looking for a challenge, something different and a lot of fun is going to find all three at Captured Escape Rooms, Halifax's largest escape room business.

"We are family owned and operated and currently have eight different rooms to choose from, each designed to be as challenging as they are fun," said owner Michelle Keddy.

The rooms last one hour and will test your ability to think critically, to observe closely and to work together as a team.

Several of the rooms have a distinctive local flavour. There's 1943

Halifax where you have to investigate the apartment of a murder victim. Then there's The Pirate's Brig and The Citadel Hill room.

"Teamwork comes in handy in an escape room and therefore it makes them the perfect choice for team building exercises, whether you are a corporation, a small team or a community group," Keddy said.

Captured makes for a great evening out for family or friends whatever the occasion — or a really cool date night.

There's an event area which can be booked for a meeting afterward or to celebrate an occasion.



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Mooseheads formidable 'without fear' in playoffs

QMJHL

Herd head back to Halifax with series tied and hopes high

Jonathan Briggins
For Metro | Halifax

The underdog Halifax Mooseheads are showing they have a fighting chance against the defending QMJHL champions.

The Mooseheads pulled off an upset in Game 1 of the best-of-seven series on Friday in Rouyn-Noranda with a 5-4 win.

The Huskies did even the series in Game 2 on Saturday, but were again given all they could handle as they escaped with a 3-2 win in overtime.

Now the series shifts back to Scotiabank Centre for the next three games, with a young Halifax team on a real high.

"I think we played with a lot of heart. We battled really hard," said Mooseheads head coach André Tourigny.

"We played without fear, we played really hard, we got a



Mooseheads netminder Alex Gravel has been solid so far in his first QMJHL playoffs.

JEFF HARPER/METRO

big win and we pushed them through the overtime in the second game."

Halifax's rookie goalie Alex

Gravel played like a grizzled veteran on back-to-back nights, making a combined 85 saves.

Despite the Herd being outshot 45-23 and 47-23, many of the Huskies' shots came from the perimeter. When comparing dangerous shots, a stat that counts shots in front of

the net, Halifax was outshot 13-11 in Game 1 but outshot the Huskies 11-9 in Game 2.

"The shots weren't there, but the scoring chances were there for us," said Tourigny who was the Huskies coach for 10 seasons from 2003-13.

Halifax's win on Friday was a rarity for teams finishing

NCAA TOURNAMENT

Maye Day at March Madness

Luke Maye hit a jumper with 0.3 seconds left, and top-seeded North Carolina held off Kentucky 75-73 to earn the Tar Heels' second straight trip to the Final Four and 20th all-time in Sunday's showdown of college basketball's elite in the South Regional.

The Tar Heels (31-7) will play Midwest champ Oregon on Saturday in Glendale, Ariz., in the national semifinal.

North Carolina took control with a 12-0 run within the final five minutes. Kentucky's freshmen De'Aaron Fox and Malik Monk hit three quick threes, the last two by Monk and his second with 7.2 seconds left tied it up at 73.

SUNDAY In Memphis

75 **73**
UNC KENTUCKY

15th in the regular season. Since the QMJHL switched the current playoff format in 2010-11, the 15th-place team has been swept four times and only won two games total prior to the Moose win.

"We want to create a surprise. We want to push the limit. We want to get the experience. So that's what we're doing," he said.

"We're working really hard and we're doing what we have to do to make those games as tough as possible."

Theo Pinson then brought the ball down, passed back to Maye. The sophomore knocked it down for the win with his feet on the three-point line.

The Wildcats had one last chance, but Derek Willis's in-bound pass went out of bounds on the far end.

Kentucky (32-6) will miss out on the Final Four for the second straight year.

Earlier Sunday in New York, South Carolina earned its first trip to the Final Four with a 77-70 victory over Florida.

South Carolina will face Gonzaga on Saturday.

THE ASSOCIATED PRESS

GOLF

Johnson caps sweep of WGC tourneys



Dustin Johnson reacts after winning the Dell Technologies Match Play on Sunday.

DARREN CARROLL/GETTY IMAGES

Dustin Johnson became the first player to sweep the World Golf Championships with a dominant week that included more drama than he needed in the Dell Technologies Match Play.

Johnson escaped a furious charge by Jon Rahm when the 22-year-old Spaniard failed to birdie the 18th hole.

Johnson's 1-up victory capped a week in which he never trailed in any of his seven matches, and he led in 105 of the 112 holes he played. THE ASSOCIATED PRESS



He likes to hear himself talk.

Sidney Crosby's response to Sens owner Eugene Melnyk calling him "a whiner beyond belief" after Crosby broke defenceman Marc Methot's finger with a slash Thursday.

FORMULA ONE

Vettel and Ferrari knock off Mercedes

Sebastian Vettel broke Ferrari's Formula One drought with a victory over the Mercedes team of Lewis Hamilton and Valtteri Bottas on Sunday at the season-opening Australian Grand Prix in Melbourne.

Ferrari hadn't won an F1 GP since Vettel's victory in Singapore in 2015, and so his leap up onto the top of the podium at the finish in Australia signalled renewed confidence from him and perhaps an end to the domination Mercedes has forged in

+ DUD IN DEBUT

Canadian teenager Lance Stroll didn't make it to the finish in his debut for Williams, retiring after an eventful 40 laps around the Albert Park circuit.

recent seasons.

Vettel finished almost 10 seconds clear of Hamilton.

THE ASSOCIATED PRESS



North Carolina's Luke Maye, centre, celebrates with teammates after making the game-winning basket.

KEVIN C. COX/GETTY IMAGES

Homan makes it a clean sweep at worlds

CURLING

Canada wins all 13 of its matches en route to gold

Canada's Rachel Homan knew there would be pressure heading into the final of the 2017 world women's curling championship.

Not only was Homan trying to erase past personal disappointments in her third appearance at the championship, but her Ottawa rink was being counted on to erase Canada's

lengthy title drought. The fact that Homan advanced to the final without dropping a match only heightened expectations.

Homan and her teammates — vice-skip Emma Miskew, second Joanne Courtney and lead Lisa Weagle — responded with a textbook 8-3 win over Russia's Anna Sidorova in Sunday's final, giving Canada its first women's world championship in nine years and adding more steam to Homan's momentum heading into this year's Olympic trials.

Scotland's Eve Muirhead captured the bronze medal, beating Sweden 6-4 earlier Sunday.

After an open first end, Canada put the pressure on Russia

with two points in the second end and a steal of one in the third before cruising to a comfortable victory.

"We made sure to keep together and obviously there's a lot more pressure in that final," Homan said. "We've lost that one and it's tough, and we wanted to make sure we were doing exactly what we were doing all week, because we knew that would lead us to the win."

"Some tough breaks by their team cost them a few points but other than that we had a strong game. I'm really proud of my team."

Homan's undefeated run in Beijing — Canada won all 13 of

its matches — came on the heels of her 12-2 run to the Canadian women's title last month in St. Catharines, Ont.

"We've had an incredible second half of the season, and to top it off this way feels amazing," Weagle said.

"It feels amazing for Canada. We haven't won it in quite a while so we're very proud of ourselves and we're so grateful for the support we've received."

"For sure there were butterflies but we get excited when we get nerves like that."

Canada's last championship came in 2008, when Jennifer Jones was victorious in Vernon, B.C. THE CANADIAN PRESS



Lisa Weagle, left, Joanne Courtney, Emma Miskew and Rachel Homan accept the championship trophy after defeating Russia on Sunday in Beijing. ANDY WONG/THE ASSOCIATED PRESS

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Vitamin-packed Maya's Morning Smoothie

PHOTO: MAYA VANSICKEL

**Ceri Marsh & Laura Keogh**
For Metro Canada**Ingredients**

- 1 cup carrot juice
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- 1 banana, peeled

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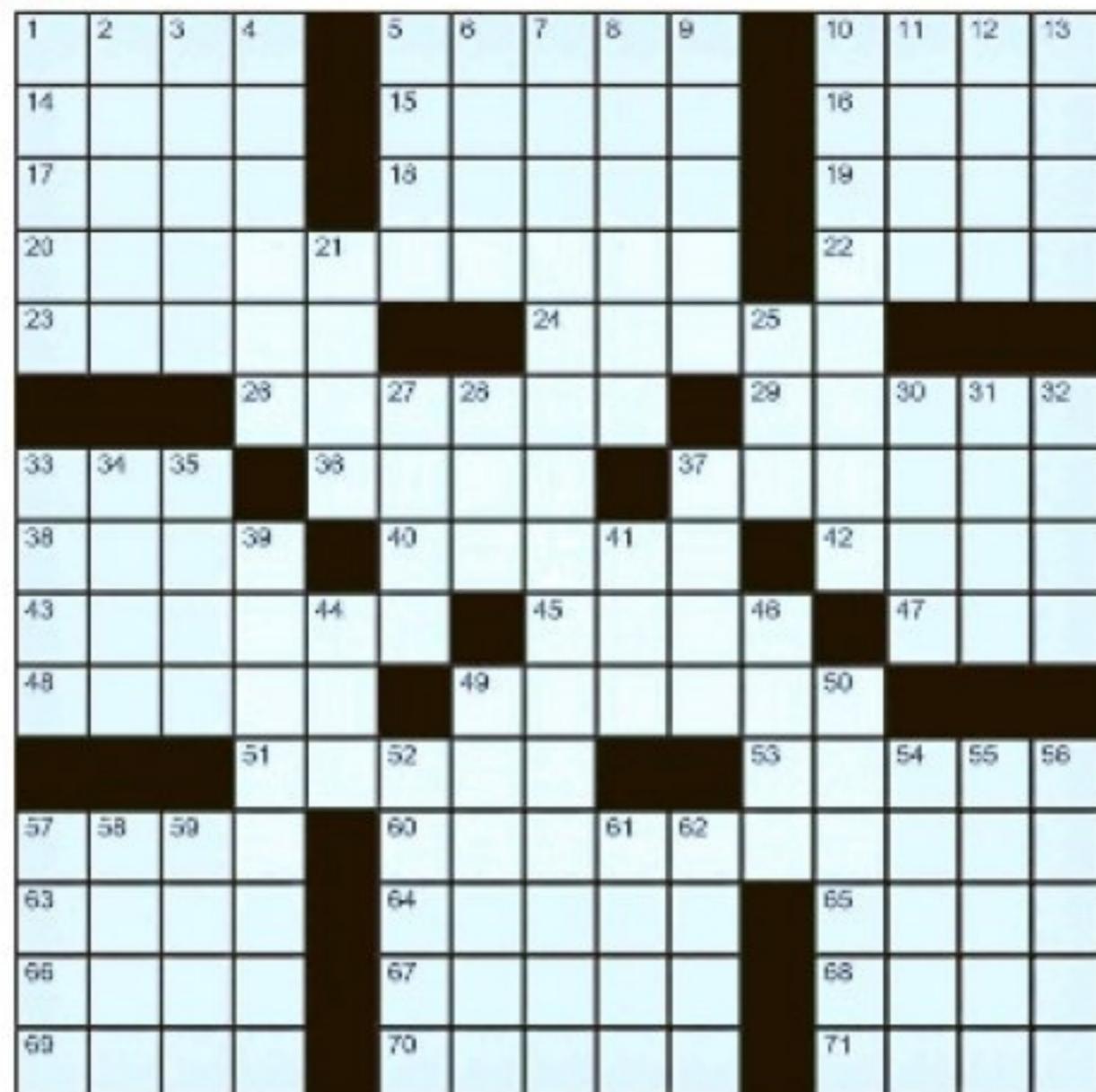
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ACROSS

- Hockey movie, "Shot" (1977)
- Carbonated drinks
- Character for Elizabeth McGovern on "Downton Abbey"
- Musician Mr. Puente
- "__ have it!" (Bidder's exclamation)
- Word in a Grimm opener
- It means 'Soil'
- __ knife
- Mr. Trotsky
- 2017, Year of __
- Go Detail link
- War horse
- 50 Cent album: 'Get Rich or Die __'
- Big name in sunglasses
- Sir Paul McCartney's nickname
- 'My' in Quebec, plurally
- Dog's disdained delivery!
- As per #7-Down, Red Green's nerdy nephew
- Air kiss sound effect!
- Canuck flappers
- "__ and __" by Lady Gaga
- Pull the vampire's teeth
- __ in the road
- Sanction
- "Me, Myself & __" (2000)
- The __ = Bilbo Baggins
- Balk/hesitate
- Engage in hen-pecking: 2 wds.
- Count on
- Toronto-born portrayer of the title character of "The Red Green Show": 2 wds.
- Studied-for undertaking
- Lake Erie community in Ontario, Port __
- No word of __
- (True)
- Cotton variety
- Make hair stand __
- Thailand neighbour
- Eminem tune
- Opera __ (Opera style that's serious)
- Anglo-Sax-
- on toilet
- Grannies, in Germany
- 2002 Red Green movie comedy starring #60-Across: 3 wds.
- Sailor's 'backward'
- "Love __" (1970)
- "MasterChef Canada" = __ com-



- petition show
- Candid
- Origin
- Cornerstone word
- Singer/actress Aubrey
- "__ Believer" by The Monkees
- Safecracker
- Quebec 'wheat'
- Not ruffled
- Sleuth's lead
- Mine entrance
- Caesar's 2501
- Washstand vessel
- Home free
- Dill or mint
- As per #60-Across... Red Green's gig
- Shed many tears
- Born, in a wedding announcement
- Families
- 'Snappy' words in football...
- Steamed-in-corn-husks dish
- Early platform for PCs
- Monster lizards
- Tempt' suffix
- Foo Fighters tune: "Times Like __"
- VP Mike Pence, et al.
- Leave
- The Dalai __
- "__ vidi, vici."
- Earth goddess in Richard Wagner's opera Das Rheingold

***IT'S ALL IN THE STARS** Your daily horoscope by Francis Drake

Aries March 21 - April 20
Because you feel sensitive to others today, you might use your money or something that you own to help someone. (Meanwhile, being kind will make you feel happy!)

Taurus April 21 - May 21
You feel inspired to be the best that you can be today. You also know that being the best means benefiting others as well as yourself.

Gemini May 22 - June 21
You will put the needs of someone else before your own because it makes you feel good. It's just one of those things; you want to take the high road.

Cancer June 22 - July 23
If you are in competition with others today, you won't be too fierce, but you won't be a wimp, either. You want what is best for the greatest number of people.

Leo July 24 - Aug. 23
If you are talking to parents and bosses today, you will show them ways that work out best for everyone. It's quite likely that they will be impressed with your insight.

Virgo Aug. 24 - Sept. 23
You might want to study religion, yoga or meditation today, because you are interested in something "different." You want to expand your experience of life.

Libra Sept. 24 - Oct. 23
You will be reasonable if dealing with an inheritance or if deciding how to share something today. You understand that good business is mutually beneficial.

Scorpio Oct. 24 - Nov. 22
If you can help a partner or close friend today, you will. In fact, you are even willing to compromise with a person who is an enemy or a frenemy. (That's the toughest!)

Sagittarius Nov. 23 - Dec. 21
You will find it rewarding to help someone at work today, and because you extended this person a helping hand, you will feel good about yourself. Life works that way.

Capricorn Dec. 22 - Jan. 20
If you can help children today, you will get great satisfaction in doing so. Playful activities, social outings and sports events will be pleasant.

Aquarius Jan. 21 - Feb. 19
You want to help a family member today, especially because there's been chaos and activity at home. Someone will appreciate your offer to help. Family is gold.

Pisces Feb. 20 - March 20
You can influence others today by setting a great example for them. Your ability to be caring and positive will be noticed by others.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

7	1		4	8	2		
	6	1				4	
4	6						7
	2	9	1				8
6						4	
3		8	2			9	
1					7		9
9			8	3			
	4	8	2		5		3

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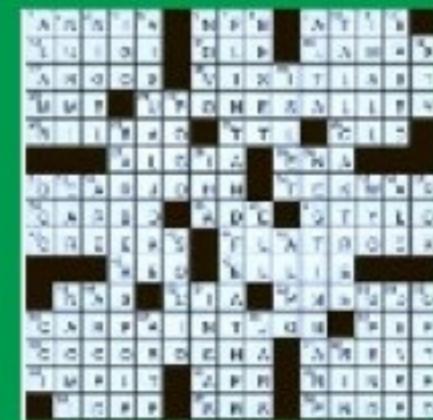


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FRIDAY'S ANSWERS

Your daily crossword and Sudoku answers from the play page.

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5	9	8	4	3	1	6	7	2
2	4	6		8	7	5	9	1
7	1	3	6	9	2	5	8	4
9	7	1	2	6	4	8	3	5
8	2	4	1	5	3	7	6	9
6	3	5	7	8	9	2	4	1
1	8	9	3	2	7	4	5	6
4	5	7	9	1	6	3	2	8
3	6	2	5	4	8	1	9	7



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